

Meeting New People

Beyond peer support, there are a lot of different ways to meet people who are near your new home. You can use this worksheet to keep track of the things you want to try!

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| ☐ volunteer at a local organization | ☐ find a local club or interest group |
| ☐ take a class | ☐ find a game store |
| ☐ join a sports team | ☐ find a group bike ride |
| ☐ try an exercise class | ☐ _____ |
| ☐ join a house of worship | ☐ _____ |
| ☐ try Meetup | ☐ _____ |

I will try...	notes

