



**Two-day Leader Training**  
**Saturday, March 29, 2025, 8:30 am to 6:00 pm**  
**Sunday, March 30, 2025, 12 pm (noon) to 5:00 pm**  
**At NAMI Massachusetts office in Woburn, MA**

NAMI Family-to-Family is a free, 8 or 9-session educational program for family, significant others and friends of people living with mental health conditions.

**A NAMI Family-to-Family teacher is a trained NAMI leader who plays an important role in ensuring that all participants feel welcomed and supported.**

NAMI Family-to-Family teachers are uniquely qualified to lead a class because they love and support a person living with a mental health condition. Teachers therefore can empathize with and encourage those who are just beginning or continuing their journey with a loved one.

**NAMI Family-to-Family teachers are volunteers who become certified by attending and graduating from one-and-a half-day in-person training.**

The training is designed for teachers to learn and practice specific skills that will guarantee a meaningful and informative educational experience for all participants. Teacher trainees must go through an application and screening process before being approved to attend a training event.

**Members representing the following communities are strongly encouraged to apply:**

- ❖ Black & Brown
- ❖ Spanish speaking
- ❖ LGBTQIA +
- ❖ Siblings/spouses or adult children of people living with a mental health condition.
- ❖ Applicants from Western-most, Northeastern-most; Southeastern-most Massachusetts areas

**Teacher Trainee Prerequisites:**

- Prospective teachers must be parents or other caregivers of an adult with a mental health condition, be at least 18 years of age and current NAMI members.
- Prospective NAMI Family-to-Family teacher trainees are asked to co-teach a minimum of two courses. There is an expectation for all newly-trained teachers to teach their first class in 2025
- Prior F2F program experience preferred but not necessary
- Each teacher's contribution for teaching F2F course is acknowledged with a \$400 stipend.

**All meals and program supplies are provided free of charge to all trainees. Hotel accommodation is provided for trainees from far-flung affiliates/areas.**

**To get started, please download the training application form at <https://rb.gy/xkhw9p> fill it out and then send/email it to Ilya Cherkasov at [icherkasov@namimass.org](mailto:icherkasov@namimass.org).**

**Questions: please contact Ilya Cherkasov at 617 286 7607 or [icherkasov@namimass.org](mailto:icherkasov@namimass.org).**