

# Volunteer Speakers Wanted



## Share Your Story: Living With A Mental Health Condition

### In Our Own Voice Program

NAMI Massachusetts is looking for individuals that identify as having a mental health condition who are willing to share their stories with audiences at schools, universities, businesses, police departments, faith communities, etc. The In Our Own Voice (IOOV) program aims to increase awareness and change attitudes, assumptions, and stereotypes about people living with mental health conditions.

For qualifications & other information, please visit:

[namimass.org/nami-in-our-own-voice/](https://namimass.org/nami-in-our-own-voice/)

**Volunteer Stipends  
and Transportation  
Reimbursements  
provided**



National Alliance on Mental Illness

Massachusetts



Contact us: Sarah Ford, [sford@namimass.org](mailto:sford@namimass.org)

# IOOV Speaker Training

**Interested applicants should fill out an application at:  
[namimass.org/nami-in-our-own-voice/](https://namimass.org/nami-in-our-own-voice/)**

**Please note training spots are limited. Following the interviews, selected applicants only will be invited to participate in the training process to become an IOOV speaker.**

## The IOOV Training Process:

- 1-hour interview with NAMI Mass staff on Zoom: Potential speakers will be asked to briefly share their mental health journey with staff. Staff will discuss logistics and expectations related to the program and answer any questions applicants might have.
- 2-hour pre-training session on Zoom: Trainees will watch an IOOV presentation delivered by current IOOV speakers and participate in a conversation about the speakers' experiences in the program.
- Self-paced at-home writing of story script rough draft: A training guide is provided to support trainees in writing a rough draft of their IOOV story script. This must be completed before full-day training.
- Full-day training: Trainees will receive feedback on their scripts, practice presenting their stories, learn how to answer audience questions and more.

## 2023 TRAINING DATES

**Tuesday, July 18, 9 AM - 6 PM**

**In-Person: TBD location in MetroWest region**

Pre-training date: Tuesday, July 11, 6 PM - 8 PM Virtual

**Thursday, August 17, 9 AM - 6 PM**

**Virtual**

Pre-training date: Tuesday, August 8, 6 PM - 8 PM Virtual

## We especially encourage you to apply if:

- You have had police encounters related to your mental health journey
- You are a veteran of the armed forces
- You are Asian, Black or Latinx
- You speak Spanish or another language
- You have a diverse life experience: LGBTQ+, persons with disabilities, immigrants, refugees, formerly incarcerated individuals, etc.
- You can commit to volunteering for one year
- You can present at least once per month
- Willing to present in-person
- Available during the day Mon- Fri