

2017

ANNUAL
REPORT

EDUCATE

SUPPORT

ADVOCATE



Making **NAMI Massachusetts** a powerhouse in the local mental health community.

NAMI Massachusetts Affiliates

AFFILIATES

» AFFILIATE PRESIDENT

Berkshire County*

» Deborah Sadowy

Boston » Ewa Pytowska

Bristol County

» Brenda Venice

Cambridge/Middlesex*

» Jane Martin

Cape Ann* » Yvonne Burke

Cape Cod & the Islands* » Craig Rockwood &
E. Elizabeth Rabideau

Central Massachusetts » Jack Casey

Central Middlesex* » Jennifer Payne

Dorchester/Mattapan/Roxbury » Roy Lynch

Greater Boston CAN » Ewa Pytowska

Greater Lowell » Dick Edgar

Greater North Shore » Melinda Mathews

Latino Metro Boston » Norma Mora

MetroWest* » Larry DeAngelo

Newton/Wellesley » Sid Gelb

North Central » Guy Beales

Northeast Essex* » Bernie Gallant

Plymouth » Sheila Flaherty

South Norfolk » Ray Breton

South Shore* » Betty MacIntyre

Western MA* » Bernice Drumheller

MEETS
NAMI
AFFILIATE
STANDARDS OF
EXCELLENCE*

LIKE • SHARE • CONNECT

SOCIAL MEDIA USERS



TWITTER
18,710



FACEBOOK
3,467

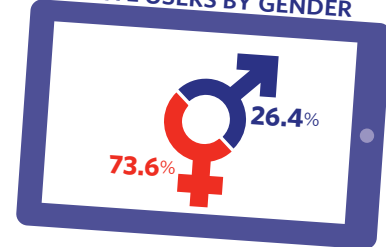


LINKED IN
958



INSTAGRAM
312

WEBSITE USERS BY GENDER



WEBSITE SESSIONS

159,543

NEW
USERS **75%**
OR **120,983** USERS

RETURNING
USERS **25%**
OR **30,245** USERS

WEBSITE USERS BY AGE GROUP

35-44

17%

25-34

26%

18-24

18%

45-54

16%

55-64

15%

65+

7%

NAMI Massachusetts Board of Directors

Tom Scurfield, **PRESIDENT**

Kathleen Considine, **VICE PRESIDENT**

Robert Antonioni, **TREASURER**

Jane Martin, **SECRETARY**

Barrie Baker

Mathieu Bermingham

Bishop Neal Boyd

Julia Cardoso

Bernice Drumheller

Michael Fetcho

Mary Jean Guidette

Mel Greenberg

William Lahey

Roy Lynch

Ed Manzi, Jr.

Debra Pacheco

Steve Rosenfeld

Ewa Pytowska

THE NAMI MASS MISSION

Our Mission: Improve the quality of life for people with mental illness and their families.

Our Vision: Extend the education, support, and advocacy programs of NAMI Mass so that we will reach out to all Massachusetts individuals with a mental health condition and their families; improve the public's awareness and understanding of mental illnesses; and advocate at all levels to ensure that all people affected by mental health challenges receive, in a timely fashion, the services that they need and deserve.

Our Values: Commit to programs that are both peer-driven and family-driven; to the key concepts of recovery, resiliency, and support that are essential to wellness and quality of life; and to full and meaningful lives for all people affected by mental illness in the Commonwealth.



Tom Scurfield



ADVOCACY DAY



NAMI CONVENTION



SPRING FUNDRAISER

Dear Friends of NAMI Massachusetts,

Last year, I was asked to become the President of the Board of NAMI Massachusetts. I was honored and humbled to assume this responsibility for such a vibrant organization. NAMI Massachusetts is an organization that has built a solid foundation over the years. It has a clear mission (education, support, and advocacy), recruited capable, well-qualified staff, built a broad base of funding sources, and employed prudent and sound financial management. We are fortunate to have recruited an engaged, empathic and active board. Perhaps most importantly we are a volunteer-driven organization and are lucky to have enlisted an enthusiastic pool of devoted volunteers who are committed to making NAMI Massachusetts a success whether at the Walk, teaching a course, facilitating a support group or working diligently at the Affiliate level. I know first-hand, as an Affiliate member, Family-to-Family member and teacher, Walk team captain and now as your Board President, the passion and commitment you all bring to NAMI Massachusetts. Thank you all. Together, we can keep NAMI Mass strong!

During the last year, there has been a significant change at NAMI Massachusetts with the departure of our long-standing Executive Director Laurie Martinelli. Since 2007 Laurie led the organization through significant growth, expanding and strengthening the programs we run, and building NAMI Massachusetts into a powerhouse in the local mental health community. We are grateful to Laurie for her leadership over the last ten years, and we wish her well in all future endeavors.

With change comes opportunity. Early in the spring, the Board established a search committee to find a new Executive Director for NAMI Massachusetts and over the summer, the committee has worked diligently to accomplish this task. Under the guidance of a consultant, I am able to report a rigorous search has been completed, and a new executive director has been selected by unanimous vote of the search committee. I expect to introduce Cheri Andes the new Executive Director to all the stakeholders present at the NAMI Massachusetts State Convention in Taunton on October 28 at the Holiday Inn. The board confidently looks forward to welcoming her and working with her for many years to come, continuing our growth, expanding our vision and under her dynamic leadership working assiduously on our goals and objectives.

For Cheri to build a strong foundation of knowledge and to assist her in leading us into the future, I encourage you all to find an opportunity during the next few months to meet her and welcome her to NAMI Massachusetts.

Together we can make a difference for all people affected by mental health challenges in the Commonwealth. Thank you all.


Tom Scurfield
NAMI Mass Board President

Allies for Student Mental Health

Schools are recognizing that mental health conditions interfere with students' ability to learn. Some schools have faced tragic losses by suicide. Most schools are experiencing a stark increase in hospitalizations for students struggling with emotional challenges. Schools realize they need to train their staff on issues of suicide prevention, mindfulness, trauma sensitivity and mental health.

“Difficult topic, but seamlessly presented...”

Allies for Student Mental Health (ASMH) has evolved and grown as an offering to schools in Massachusetts. Educators get the professional development to recognize common mental health issues that children and teens struggle with. The program provides a panel of different perspectives including a person with a mental health condition, a clinician and teacher to give specific cases and tips to work with students, and a family member's journey. The evaluations often state that the personal stories are the most impactful part of the presentation, helping the teachers truly understand the experiences of their struggling students.

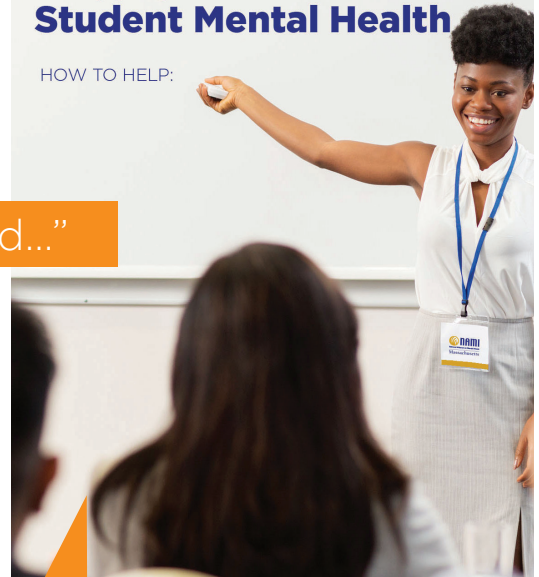
For FY2017, ASMH was presented 28 times to pre-schools through high schools. Several school superintendents invited us back multiple times to reach every grade level.

Last July, we were invited back to the Massachusetts Association of School Superintendents Executive Institute, and in November we were invited to speak to the Massachusetts Association of School Committees in Hyannis as part of their annual conference.

We look forward to the continued growth of Allies for Student Mental Health, ideally coupled with NAMI Mass presentations of In Our Own Voice to the students and NAMI Basics education program to parents.

Allies for Student Mental Health

HOW TO HELP:



Life-changing information
— the BEST EVER —
keep doing what you are doing

NAMI Basics

We held Basics classes in Acton and two classes in hospitals, HealthAlliance Hospital in Leominster and Franciscan Children's Hospital in Brighton. We also held a first time Basics class for grandparents at the MSPCC in Jamaica Plain. In an effort to expand the program, we offered a teacher training in March 2017 graduating 17 Basics teachers. New classes offered this fall are in communities we have not served

previously. Basics classes aid school systems grappling with providing resources for their families. Some schools are offering space to host classes and are teaming with NAMI Basics teachers to advertise the classes to their parent community. If this becomes a growing trend, it will bring parents of children and adolescents with behavioral and emotional issues together, reduce the discrimination, and silence surrounding mental illness.

I am very impressed with
the thoughtfulness of the materials and how ready
I feel to **teach the class.**

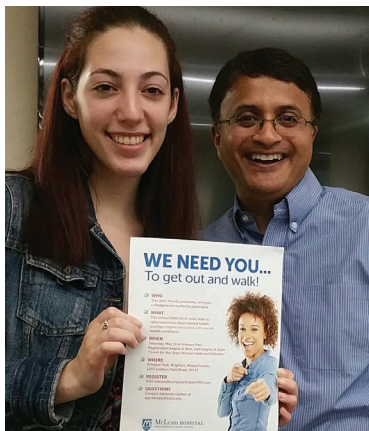
IN OUR OWN VOICE IOOV

	FY'15	FY'16	FY'17
Total Number of Presentations	209	309	477
Total People Reached	5010	9806	14,532

The Power of Breaking Down Discrimination Begins with a **SINGLE STORY**

PRESENTERS

Elders (over 65)	♥♥
LGBTQ	♥♥
Veterans	♥♥
Asian American	♥♥♥
Latinex	♥♥♥♥
African American	♥♥♥♥♥♥
Young Adult	♥♥♥♥♥♥♥♥♥♥
Substance Use Challenges	♥♥♥♥♥♥♥♥♥♥



Makaila and Noj at McLean Hospital

The only shameful thing about mental health conditions is the stigma attached to them. This discrimination leads to isolation, misinformation, and all too often prevents people from seeking help. Stigma is rooted in silence, and silence feeds stigma. When we share our stories, the presenters of IOOV help break that cycle. By speaking up, we show others that they are not alone; that things can get better and that help is available. Each of us is living, breathing, talking proof that it is possible to create a life worth living.

With the continued growth and expansion of IOOV, it was critically important to diversify our roster to increase the number of presenters from minority and underrepresented groups. And we did just that—in FY2017 we held three trainings with 35 new presenters joining the IOOV team.

This was accomplished through “boots on the ground” outreach in the community, and thorough interviews, and vetting. It is also clear that holding trainings in areas where the trainees live increased interest and attendance, fostered connection and demonstrated the commitment on the part of the IOOV program to the communities we serve. Today the IOOV roster is far more heterogeneous — of our 79 active presenters (did a presentation in the past year) 47 are members of at least one minority group. That means that slightly over half of NAMI Mass In Our Own Voice presenters are from underrepresented groups. With our increased diversity, I am confident that we will offer more meaningful, relatable presentations to the venues we serve.



Steprox IOOV training graduates

Connection

We have solidified and strengthened the Connection peer recovery support program. The central and western part of the state continue to be a challenge and we hope to be able to run a training in this area soon. Some Connection groups are now run as Dual Diagnosis groups facilitated by peers who have lived experience with substance use and mental health concerns. There is a huge demand for groups of this nature and the Connection model works well for this underserved part of the population.

GROUPS: Acton, Agawam, Boston (3), Brockton, Dorchester, Easthampton, Everett, Fitchburg, Gardner, Gloucester (2), Haverhill, Orleans, Quincy, Somerville, Roxbury, Taunton

Advocacy Day & Legislative Priorities

Advocacy on the state and federal level was active in FY2017. With the healthcare debates and threatened decimation of the Affordable Care Act on the federal side, plus the lack of federal monies going to mental health research at the National Institute of Mental Health, we kept busy. At the NAMI National Convention in Washington, DC we visited Senators Warren and Markey and visited our representatives as well. Add to that our Massachusetts legislative priorities and you can see we kept ourselves engaged on this front.

Our Advocacy Day held on Monday, April 3, 2017 drew a crowd of over 200 to the State House. Our program was on our successful and much needed criminal justice diversion project. Speakers included Representative Linda Dean Campbell and Police Sergeant Chris Malinn. With the right mental health training and partnerships, police and other first responders can de-escalate situations, prevent unnecessary arrest or violence, reduce the likelihood of injury to themselves or the individuals they detain, and connect people to appropriate treatment and support. Currently, only 20% of police departments in the Commonwealth have access to Crisis Intervention Training.



Some of the bills, we are advocating for or had hearings FY2017 Legislative Priorities included:

- **An Act to Restore Funding to the Department of Mental Health:** NAMI Mass remains committed to working with legislators and the Baker Administration to make sure the trend of increased funding to the department's coffers continues.
- **An Act Requiring Insurance Coverage for Emergency Psychiatric Services:** currently, children and adults who are uninsured or receive Medicare or MassHealth are covered by Emergency Service Programs (ESPs). An ESP is a community-based and recovery-oriented crisis intervention service for people with psychiatric illnesses. Most individuals with private health insurance currently do not have access to these essential and oftentimes life-saving services. This bill would require that commercial insurers cover ESP services. A hearing was held by the Joint Committee on Mental Health, Substance Use & Recovery.
- **An Act to Transfer Bridgewater State Hospital from the Department of Correction to the Department of Mental Health:** Bridgewater State Hospital (BSH) evaluates and treats men who have a mental illness. Currently, the facility houses approximately 200 civilly committed men who have been charged with a crime, but not convicted. A handful of those have gone to trial and been found not guilty by reason of insanity. Massachusetts is only one of two states in the country who ask their state prisons to assume responsibility for the civil commitment of individuals with mental illness. NAMI Mass believes these men would be best served by the Department of Mental Health being in charge of their care. Only a full transfer of BSH from the Department of Correction to the Department of Mental Health will ensure that men with mental illness who enter the criminal justice system receive the same quality, clinically appropriate evaluation and treatment services that they would receive in any other psychiatric hospital.

Other pending bills address comprehensive police and first responder mental health training and alternatives to incarceration for those arrested who have a mental health condition.

PEER 2 PEER

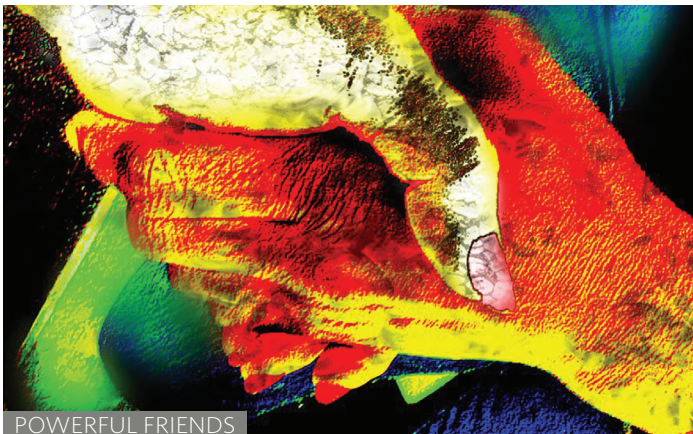
Peer-to-Peer (P2P) is a recovery-focused educational program for adults who wish to establish and maintain their wellness. P2P helps develop coping skills and greatly values the individual experiences of each person in the class. Participants are empowered and invited to share their stories and coping tools that have worked for them.

Peer-to-Peer had another successful year. We paired experienced teachers with newly trained mentors. NAMI North Central sponsored one Peer-to-Peer training that graduated 11 new mentors.

CLASSES

Brockton	Haverhill
Cambridge	Jamaica Plain
Clinton	Plymouth
Concord	Roxbury
Everett	

I learned from **Peer-to-Peer** that there are **more people** than I realized **who have mental illness** and that **you should not be ashamed** or **feel stigmatized**.



POWERFUL FRIENDS



SUCKED IN

Diversity Counts

In 2014, NAMI Mass created its Diversity, Outreach and Inclusion program using education as the key to reduce stigma, and raise awareness for family members and the people they love living with mental health conditions. In FY 2017, we reached 322,834 people across Massachusetts through diversity programs such as Compartiendo Esperanza, Sharing Hope, Bridges of Hope, and the Minority Mental Health Awareness Month campaign, while providing connections to our signature advocacy, education and support services. As

a direct result, our number of diverse facilitators statewide has grown for programs such as **Peer-to-Peer**, and our peer recovery support groups **Connection**, as well as **In Our Own Voice**, expanding our ability to meet the needs of culturally diverse communities. Knowing that we have only scratched the surface of stigma, we look forward to continuously attacking its harmful effects through collaboration and support from our community partners. After all, valuing diversity and inclusion is not just the smart thing to do; it is the right thing to do!



Successes in the 5TH year of the Criminal Justice Diversion Project

NAMI Mass' Criminal Justice Diversion Project (CJDP) continues its vital work at local and state levels to prevent unnecessary arrest and incarceration of people with behavioral health conditions.

Mental health training for police officers: We work at the state and local levels to help police access high quality training on mental health response and de-escalation skills.

NAMI Mass and Brookline Police Department develop new regional CIT Training and Technical Assistance Center

- This collaboration was built on the foundation developed by the Somerville and Cambridge Police Departments, with support from the Department of Mental Health, providing an in-depth, 40-hour curriculum on mental health and substance use response.
- **Over 70 police officers** graduated, representing Brookline, Dedham, Milton, Needham, Newton, Norwood, Walpole, Wellesley, Randolph, and Braintree.

Metro Boston Crisis Intervention Team (CIT) training for local police officers

- **Over 200** police officers graduated from CIT training as a result of a partnership between the city of Somerville, the Cambridge Police Department, and NAMI Mass.
- The number of participating departments **expanded this year from 10 to 20**, including Cambridge, Belmont, Brookline, Everett, Haverhill, Malden, Medford, Somerville, Tewksbury, Wakefield, Waltham, Wilmington, Winthrop, and others.
- Facilitating **monthly case conferences** in Brookline and Medford to improve community collaboration and support for individuals with behavioral health needs.

Continued statewide academy training for new police recruits

- New municipal police officers continue to receive expanded training on mental health response, as a result of NAMI's partnership with the Municipal

Police Training Committee and DMH. **Over 1,500** new municipal police officers per year receive the 16 hours of interactive content, co-taught by an experienced officer and a licensed mental health clinician.

Community partnerships between police and behavioral health providers:

The CJDP continues to work closely with local police and community partners to increase collaboration and develop strategies that divert people with behavioral health conditions from unnecessary criminal justice involvement and increase access to community supports and treatment. Highlights of this work in FY17 included:

Continued our regional first responder mental health collaboration on the South Shore:

- Participants include six police departments, two local hospitals, two ambulance companies, and the local emergency psychiatric service provider.
- The collaboration continues to develop pilot strategies to improve safety and access to care for people with behavioral health conditions who come into contact with police.
- Consultation with police departments regarding **policies and procedures** for mental health response.

Advocacy: The CJDP has built significant legislative traction on two vital initiatives. We hope to capitalize on the current focus on criminal justice reform in the legislature to make these two goals a reality:

- **Center of Excellence for Community Policing and Behavioral Health:** A statewide resource for training, technical assistance, and evaluation aimed at reducing the over-representation of individuals with mental illness in the criminal justice system. The Center will support jail diversion in all communities in the state.
- **Middlesex County Crisis and Diversion Center:** A community alternative to jail and hospitalization for people with mental illness. The Center will be a comprehensive service center with 24-hour bed capability and a range of services to meet individuals' complex needs. The CJDP received an FY17 grant to plan the necessary activities, collaborating with the Middlesex Sheriff's Office and other key stakeholders to lay the foundation for the Center.

Family 2x times F

Family programs have been on an upswing!

The 2017 Spring-Summer semester had an all-time record number of classes — 18 total! Two hundred and thirty two class participants completed the course, thus realizing the full benefits of what this evidence-based NAMI flagship program has to offer. There were 435 graduates from 31 classes altogether in the 2017 fiscal year.

“Wonderfully passionate”

Family Support Group (FSG) has its own share of positive developments. Jacquie Serebrani of NAMI Central-Middlesex helped establish a FSG in Winchester responding to the initiative coming from the Winchester UU Society leadership. Today, it is a fully-fledged group with two trained co-facilitators. FSG got its annual training boost in June. Twelve new facilitators from seven Affiliates received their program leader credentials after the training at the NAMI Mass office. The training addressed the critical needs of the groups in Newburyport, Springfield, Lowell, and earlier mentioned Winchester.

Three F2F Teacher training sessions were held during this fiscal year — another all-time record — in Charlestown (March), Hyannis (April) and Marlborough (August 2016). NAMI Cape Cod and NAMI Metro-West were the driving force behind two of these trainings, underwriting and organizing them with the State Office providing support.

The long-awaited F2F teacher gathering took place in early March at Employment Options, Inc. in Marlborough, MA. Billed as a “Bring Your Own Ideas Banquet,” it was a structured five-hour experience-sharing F2F teacher conference. The event was months-long in preparation and a result of dedicated work by a 15-person ad-hoc committee. Ten program veterans gave presentations from 11 carefully selected and prioritized subjects: class promotion, pre-screening approaches, outside underwriting, problem solving class insights, “hot potatoes” and cultural diversity just to name a few. Forty nine program leaders from 16 NAMI Mass Affiliates participated in the discussions.

The program veteran recognition ceremony led by Tom Scurfield, NAMI Mass Board President, and himself a veteran of the program, concluded the event. Twenty seven teachers received special newly designed NAMI Massachusetts F2F recognition pins, and the certificates for teaching three, five, ten and 15 classes in NAMI Green, Bronze, Silver and Gold categories respectively.

NAMI Massachusetts volunteer family program leaders — the heart and soul of our organization — consistently receive high praise from their program members for their selfless and dedicated service. “Wonderfully passionate,” “knowledgeable and well-prepared,” “articulate and compassionate,” “open and accommodating,” “caring and sincere,” “warm and engaging,” “smart and efficient,” “supportive and understanding” — the words that the class graduates used to characterize their class teachers, speak for themselves. They come from a random selection of the class evaluation forms.

FALL 2016
13 classes

Boxborough
Brookline
Cambridge
Gloucester
Greenfield
Jamaica Plain
Leominster
Lexington
Mashpee
Plymouth
Quincy
Winchester
Worcester

“Smart & efficient.”

SPRING 2017
18 classes

Barnstable (2)
Cambridge
Dorchester
Falmouth
Hingham
Littleton
Marlborough
Martha’s Vineyard
Middleton
Nantucket
Pittsfield
Revere
Wakefield
Wellesley
Winchester
Worcester (2)

“Caring & sincere.”

CEOs Against Stigma



I am **proud** to support NAMI's campaign to ensure **stigma-free workplaces...** ensuring that my staff receive all of the **tools** necessary for them to **recognize** mental illness, support and provide assistance to their colleagues... on a daily basis.

CASE STUDY: Berkshire County Sheriff Tom Bowler

Sheriff Tom Bowler, chief law enforcement officer in Berkshire County, wasn't the first Sheriff to sign onto NAMI Mass' CEOs Against Stigma campaign, but he was the first Sheriff to host NAMI's In Our Own Voice presentation.

When he signed the CEOs Against Stigma pledge in February 2016, Sheriff Bowler made a formal commitment to tackle the stigma surrounding mental health for his 225 employees. On April 11, 2016, at the Pittsfield Jail, Sheriff Bowler hosted the NAMI Mass presentation In Our Own Voice, a key component of the CEOs Against Stigma campaign. In discussing stress management with the officers, balance emerged as a theme. One man shared that each night when he leaves work, he rolls down, his car windows and drives home in complete silence. Another shared that humor is key, and his wife keeps him grounded. It was clear from the conversation that developing self-care practices to disengage from the workplace are key. In her evaluation, another officer shared that the way she manages is a re-entry ritual of checking on her sleeping child. She wrote, "I never thought of it as a coping skill, but I guess it is. I drop my stuff and go in and look at my daughter, I put my hand on her back to make sure she's breathing. I have to know that she is okay—I listen to her breathing and I can feel myself relax. It's the way I leave work behind."

Correctional environments can take a toll on all who pass through the gates. Working in such a high stress environment impacts both the minds and bodies of Correctional Officers. Shift work can disrupt circadian rhythms, and the day-to-day threats of conflict and violence require constant vigilance. The frustration of seeing inmates repeatedly reincarcerated can lead to compassion fatigue. Since signing the CEOs Against Stigma pledge, Sheriff Bowler has further committed to supporting his staff's wellness. In addition to hosting the In Our Own Voice presentation, he has integrated mental health education into staff in-service trainings. By distributing educational material about the unique mental health challenges Correction professionals face, he has actively encouraged his employees to look out for one another and offer support.

"As Sheriff of Berkshire County, I am proud to support NAMI's campaign to ensure stigma-free workplaces," says Sheriff Tom Bowler. "I am dedicated to ensuring that my staff receive all of the tools necessary for them to recognize mental illness, support and provide assistance to their colleagues, and also, just as importantly, to the inmates that we deal with on a daily basis."



COMPASS

COMPASS is NAMI Mass' information and resource helpline, largely staffed by volunteer Navigators. Everyone on the COMPASS team identifies as either a person with a mental health condition or a family member/caregiver, so we all have firsthand experience finding our own resources and supports. We work to make the journey easier for others than it was for us, by compiling an ever-expanding database of mental health and social service resources. We take the time to listen and learn the unique details of every case, and follow up with detailed information about accessing helpful resources. Most importantly, we work as a team and ask each other for help with complex cases. No one knows everything, so it is vital to our work to brainstorm with each other, ensuring the best response to people in need.

The **average length** of a **COMPASS phone call** was **16 minutes**.

We do not limit the length of the calls; **some are over an hour long**.

Thank you so much for providing me with this very valuable information. We were able to get our son an appointment very quickly... **This is the very first time in many years that I feel like he's in the right place.** His first appointment was 3 hours long; they spent so much time gathering information regarding his history both emotionally and with substance abuse. A week later **he has a concrete course of action** which includes lots of therapy. I finally feel like there is hope for our son.

I can't thank you enough."

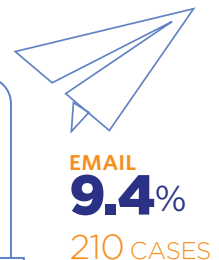
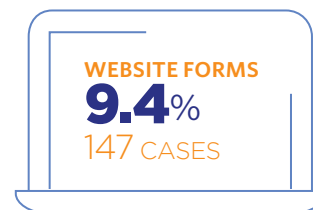
MOTHER LOOKING FOR RESOURCES TO HELP HER YOUNG ADULT SON WITH CO-OCCURRING MENTAL HEALTH AND SUBSTANCE USE ISSUES

COMPASS STATISTICS

- **27%** were looking for support (about 2/3 of those were referred to peer supports or Recovery Learning Communities)
- **20% REFERRED** to a **NAMI PROGRAM**
- **18%** were **REFERRED TO PEER SUPPORT**
- **9%** involved **CRISIS PLANNING** or referral to an ESP
- **5%** involved substance use
- **3.5%** dealt with **YOUTH SERVICES** or **WORKING WITH SCHOOLS**

TOTAL CASES **2231**

SOURCE OF INQUIRY





2017 WALK

LEAD SPONSOR



The **NAMI Mass Walk** usually draws hundreds of participants from Vinfen programs all over Eastern Massachusetts — people in recovery, families, and staff, all of whom look forward to the day. It is **a chance to get outdoors in a beautiful venue in the spring weather.** We enjoy the company of friends and colleagues who **share our vision of hope,** and make a **very public statement that recovery is possible** and deserves support, but prejudice and discrimination are still with us, and needs to be overcome. **By walking, Vinfen celebrates** the terrific work NAMI Mass provides in public education, support and advocacy.

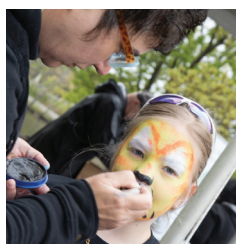
BRUCE BIRD
PRESIDENT & CEO, VINFEN

2017 was our 14th Annual NAMIWalks Massachusetts event on Saturday, May 13, 2017 at Artesani Park in Boston. The day featured glorious weather, over 60 exhibitors and peer artisans, live music, food and Boston25 anchors emceeding the pre-Walk program. Approximately 5,000 people attended and there were smiles all around.

For the eighth year in a row, we were the top NAMIWalks campaign in the country out of 80+ walkathons. When all was said and done, we raised a commendable \$642,627, although we did not reach our goal of \$700,000.

We are indebted to our Volunteers, Team Captains, Walkers and their Donors, and our Corporate Sponsors. Together, they made the Walk a community-building and discrimination combatting event, as well as a financial success. We distributed another record-breaking amount to 18 Affiliates of over \$120,000.

Our Lead Sponsor, Beacon Health Options, again showed that generosity knows no bounds with their organization contributing over \$75,000. We are thankful for their continued support.



TEAMS The Life Blood of the Walk

A special thank you to the Team Captains who worked with their Walkers to raise money for NAMI Mass. They are listed below.

@UKinBoston • Jacqueline Greenlaw
Advocates • Keith Scott
AKA Wellesley • AKA
All Minds Matter • Priscilla DiLuzio
Alternative Home Health Care, LLC •
Bonnie Madigan
Amber Mace • Tammy Mace
Ann and Kyle's Angels • Susan Richard
Arbour HRI • Melanie Brown
Arbour-HRI Hospital • Courtney Liferidge
Bay State Strong • Laura McEvoy
BCBSMA - NAMI • Steven Buck
Beacon Health Options/MBHP • Kaitlyn
Sudol
Bedford VA Peer Support • Karen Milliken
BHCHP - Barbara McInnis House
BHCHP - Behavioral Health
BHCHP - Family Team
BHCHP - JYP Clinic
BHCHP - Pine Street Inn
BHCHP Team • Georgia Thomas-Diaz
Bipolar Strong • Carrieann DiCicco
Blondes have more run! • Sarah McInnis
Boston Medical Center • Anita Dayalan
BMC HealthNet Plan • Lisa Hatfield
Bob's Army • Tom Madaras
Boston25 Cares Team
Boston AKA - Psi Omega Chapter •
AKA - Kathy
Bournewood • Elissa Hogan
BU Center for Psychiatric Rehabilitation •
Lenny Mulcahy
Build a Life Worth Living • Cameron Chinetti
Cailean's Walkers • Brittany Rubertone
Cambridge Health Alliance • Madeline Kidd
Cape Ann/99 Faces • Holly Knapp
CCBC Taunton/Attleboro • CCBC
Central Mass Steppers • Lynn Chenevert
Children's Friend and Family Services •
Crystal Contrino
CityPsych Wellness • Rob Blasi
Comfort Home Care • Kate Cook
Commonwealth Care Alliance • Adam
Wasserman
Corner Clubhouse • Jennifer Werner
CrazyFriendlyRainbow • Emily Keegan
Criolas Unidas • Julia Cardoso
Cully's Crew • Anna Cullinane
DBSA Boston - We are Believers •
Lillian Cravotta-Crouch
DMH Northeast AreaMary • Beth Foley
Education, Inc. • Katelyn Ritter
Eliot Walkers for Wellness • Patrick Connolly
Eliot Walking Warriors • Tayla Prizio
Ellenhorn • Alivia Hall
Fahts Friends! • Crystal Vraibel
Family to Family Central Middlesex •
Dee Febba
Ginger Power • Jillian Landers

Glitter Posse • Sarah Brown
Grateful Heads • Eliza Williamson
Hannah • Lori Young
Happy Girls • Rebecca Rodriguez-Meade
Healthy Minds; Healthy Hearts •
LaRonee Lewis
Help Fight the Stigma • Sharon Mazaka
Hope for More • Meagan Stornaiuolo
Hope, Courage, Strength • Renee Heusser
HSS 2017 • Kevin Li
I Dream of Jenny • Lili Veruki
Katelyn's Plan • Maureen Riley
Khotucketeers • Deborah Wooten-Angelo
KillTheStigma • Saadiman Kazi
Kristin's Crusaders Quincy Arbour •
Kristin O'Brien
Lahey Health • Denise Mason
Lindley Girls • Addie Lindley
Love Hope Recovery • Bernard Gallant
Lowell Stigma Stoppers • Shamir Rivera
Madden • Dan Madden
McGoo Crew • Sandy McGugan
McLean Hospital • Adrienne Gerken
MedSix • Rachel Leung
Mental Health Warriors • Maria George
Meow Meow Pow Pow • Nicky Anderson
Metro Boston RLC • Michael Kanter
Morton Hospital • Christina Cronin
Moving for the Movement • Kelli Quinn
NAMI Boston • Eric DuPont
NAMI Cambridge • John Sharp
NAMI Cape Cod & the Islands •
Kim Lemmon
NAMI Central Middlesex • Tom Scurfield
NAMI Dorchester/Mattapan/Roxbury •
Monica Lynch
NAMI GBCAN • Howard Trachtman
NAMI Greater Lowell • Elaine Dean
NAMI Greater North Shore • Lori Bassinger
NAMI Mass State Office • Karen Gromis
NAMI MetroWest F2F • Shamim Sharifi
NAMI Newton-Wellesley • Steffi Aronson
Karp
NAMI North Central Mass • Guy Beales
NAMI Plymouth Rocks • Barbara DeCunzo
NAMI South Norfolk • Rhonda Gabovitch
NAMI South Shore • Kathy Castagna
NAMI MetroWest • Walter Linehan
NAMI MetroWest-Charu • Charu Kannan
North Suffolk Striders • Kristen Janjar
Open Minds • Birgit Hartje
Otsuka-Massachusetts • Alex Felizardo
Parents and Advocates for Children •
Nancy Parker
Pembroke Hospital • Pam Bolarinho
Pembroke Listens • Kendra-Leigh Silva
Pilgrim and Gateway Church • Andrea
Metayer
Point After Club • April Vitulli

Programs for People • Jonathan Walsh
Psi Iota Omega Chapter AKA Sorority, Inc. •
Atyia Allen
Recovery is Real • Robert Foster
Robin's Rescue Rangers • Robin Elder
Sabrina's Team • Sabrina Fookson
Semi Colon Queens • Briana Dahlen
Shake Yo Stigma • Kendra Forbes
South East Recovery Learning Community •
Sandi Whitley
South Shore Mental Health •
Anne Marie Cullimore
SSU NAMI • Hannah Colbert
Step by Step
Stigma Stompers • Cassandra Cordeiro
Stomping Stigma • Bridget Steinkrauss
Strides Against Stigma • Michael Stier
Sunovion Team 2017 - Massachusetts •
Charles Cox
TaraVista Behavioral Health Center •
Rose Sawyer Marsh
Taunton State Hospital • Clair Kershaw
Team Alkermes • Shawn Murphy
Team BAMS! • Teresa Belsan
Team Burnie • Dianna Burniewicz Savosik
Team Carney Hospital • Katherine O'Neill
Team Cathy • Patricia Thatcher
Team COMPASS! • Megan Wiechnik
Team Edinburg Shining Stars • Janet Hodges
Team Elm Brook Place • Carrie Endicott
Team Jazzy & Family • Bianca Julien
Team Julia • Harry Kasparian
Team KatKo • Katerina Georges
Team Lowell NAMI Renaissance •
Alicia Page
Team Marshmallow • David Bannister
Team Mi'gmaq • Karen McGravey-Gajera
Team MK • Kelly Geraghty
Team MTSG • Matthew Lemay
Team Reed • Zachary Reed
Team Riverside • Catherine Taatjes
Team Stigma Free • Jennifer Wolfe
Team Swampscott • Alex Cherkasov
Team Travis • Jodie and Doug Zindle
Temple Beth Elohim • Joel Trachtman
The A Team • Natalie Feigenbaum
The BiPolar Bears • Marco Estevam
The Diversion Dragons • Rebekah Gibbons
The Mac Attacks • MacKenzie Stewart
The Synaptic 4 • Justine Tang
Torin's Crusaders • Torin
Canales-McAleavey
T's Team • Todd Winer
UMass Psychiatry • Sheperd Cohen Aziz
Vinfen • Erin Tighe
Walden Behavioral Care • Kristin Brawn
Walk the Walk • Eileen Doucet
Walk with Hope/Employment Options •
Margie Linehan
Waverly Place
Westwood Lodge/Lowell Treatment Center •
Katherine Bray
Wiley Walks • William Filios
Women of Influence and Purpose •
Deborah Mitchell



Thank you to all our **Corporate Walk Sponsors**

NAMI Mass is grateful to all Corporate Sponsors of NAMI Walks Massachusetts 2017 as well as those companies that graciously provided in-kind donations.

Lead Sponsor

Beacon Health Options

Platinum Sponsor

Sunovion Pharmaceuticals

Major Sponsors

Bay Cove Human Services
Blue Cross Blue Shield of Mass
Partners Healthcare
Steward Healthcare System
Vinfen

Gold Sponsor

Association for Behavioral Health

Silver Sponsors

Advocates
Alkermes
Boston Medical Center/BU School of Medicine
BMC HealthNet Plan
Commonwealth Care Alliance
Commonwealth Medicine/UMass Memorial

Correction Care Recovery Solutions
Justice Resource Institute
Public Consulting Group
Tufts Health Plan

Start/Finish Line Sponsors

Beth Israel Deaconess Medical Center
Boston Children's Hospital
Boston Health Care for the Homeless Program
BourneWood Health Systems
Cambridge Health Alliance
Eliot Community Human Services
Franciscan Children's Hospital
High Point Treatment Center
Mass Psychiatric Society
McLean Hospital
Otsuka America Pharmaceuticals
Nizhoni Health Systems
PhRMA
PLAN/Mass & RI

Bronze Sponsors

Brockton Area Multi-Services (BAMSI)
CeltiCare Health Plan
Cleary Insurance
Community Counseling of Bristol County
Ellenhorn
Boston25 Cares
Lahey Health
Mass Nurses Association
Neighborhood Health Plan
North Suffolk Mental Health Seven Hills
South Shore Mental Health
TaraVista Behavioral Health Center
Walden Behavioral Care
William James College

Supporters

Community Healthlink
Dewey Square Group
The Edinburg Center
Mass League of Community Health Centers
Mental Health Association of Greater Lowell
MetroWest Medical Center
Neuropsych Assessments of Greater Boston

UMass Medical/Psych Department
UPS Foundation
Village Bank
Work, Inc.

IN-KIND DONATIONS

Boston Bruins
Boston Duck Tours
BU Fitness & Recreation Center
Central Rock Gym
Charles River Canoe & Kayak
The Chateau Italian Family Restaurant
Cheesecake Factory
The Discovery Museums
Huntington Theater Company
Institute of Contemporary Art
Jillian's/Lucky Strike Boston
JP Licks
KHC Audio
Loon Mountain Resort
Merrimack Repertory Theatre
New England Aquarium
Oriental Trading Company
Sorellina Restaurant
Swan Boats of Boston
Wachusett Mountain Ski Area
Yogaworks Boston
Zoo New England

We make every effort to include all the generous corporate sponsors who support us, the businesses that give us in-kind donations, the Walkers who contribute unstintingly and the teams that raise money. We may inadvertently omit an organization, a donor or team, or misspell a name. Please accept our apologies and contact our office.

Thank You! Individual Donors

Donald and Margaret Abells
Susan Albert
Jeff Alexander
Pamela Allara
Diane Amato
Kathleen Ames
Richard and Heather Ames
Amherst College Lacrosse Team
Eileen Amy
Pamela Andrews
Jonas and Elaine Angus

Gail and Tony Annis
Janet Antonioni
Robert Antonioni
Norman Appel
Ruth Arena
Neil Aresty
Susan Aries
Elissa and Daniel Arons
Carl and Diane Aronson
Steffi Aronson Karp
John Arsenault
Judith Asselin
Charles Atkins

Rebecca Atkins
Nancy Atwood
Elsa Roberts Auerbach
Frances Avrin
Laura Baber
William Bacic
Kenneth Backaler
Barrie and Jimmie Baker
Howard Baker-Smith
Patricia Barbour
Ana Bard
Paul Barrett
Joseph Barrows

Pat Bartles
Christopher Bates
Brenda Battles
Lindsey Baughman
Liz Baum
Dr. Prudence Baxter
Ross Beales, Jr.
Gerald and Jeanne Beaulieu
Nathan and Betty Bech
Dr. Kathy Becher
Deborah Beck
Dr. Erin Belfort
Robert and Natalie Bell
Emelia Benjamin
Patricia Feeley Benkoski
Dr. William Bennett

Michael Bennett
Dr. Eugene Beresin
Mary Bergeron
Dorothy Bergin
Sam Berk
Nancy Berliner
Harris Berman
Mathieu Bermingham
Roberta and Steve Berrien
Susan Berry
Ann Bersani
Kate Bicego
Stephen Bing
June Binney
Dr. Elouise Bjorkman
James and Charlotte Blackburn

David Blake
Melvin and Diane Blate
Michael Blau
Diane and Arthur Bleakney
Kevin Bleicher
Irma Bloom
Dick and Kate Bluestein
Barry Bluestone
Gerald Blum
Judy Blum
Lester Blumberg
Judith Bly
Barry Bock
Scott Bock
Stephen Boczenowski
Judith Bogage
Andrew Bolton

Nancy Bolton
Elizabeth Bond
Kathleen Bond
Lisa Bordeleau
Robert Borden
Dr. Jonathan and
Dixie Borus
Jennifer Bosco
Margot Botsford
Sam Botsford
Karen Bottar
Karen Boudreau
Clay Bozeman
Judith Bradley
A. Dwight Bramble
Rebecca Brannon
David and Sharon
Breakstone
Barbara Breen
Jean and John
Breen
Kim and Laurence
Bregle
Mary Bresnahan
Lee Carl and
Pamela Bromberg
Gary Bromley
Angela Brooks
Elizabeth Brooks
Andrew Brown
Christine Brown
Eliza Brown
Emanuel Brown
Lisa Brown
Melissa Brown
Dr. Carl
Brownsberger
Philip Broyhill
Ellen Bruce
Bruce Bullen
Diane Burke
Edward Burke
Fenton and Peggy
Burke
Jay and Kimberly
Burke
Jean Burke
Maureen Burke

Joyce Burland
Margaret Burley
Linda Burmeister
Margaret Burnham
Craig Burns
Dr. Padraic Burns
Kevin Burns
Sarah Burns
Susan Bush
Dr. Anne Butler
Dr. Thrassos
Calligas
Joyce Calogero
Deidre Calvert
Nancy and George
Caplan
Susan Capon
Lisa Carabuena
Warren Carberg
Julia Cardoso
Anne Carney
Wendy Ross
Carothers
Carmen Ana Carr
Ilene Carver
Emily Case
Joseph Cass
Jim Cassetta
Kyle Castaldy
Jeff Catalano
Marc Chadwick
Deborah Chappell
Elizabeth
Charpentier
Nick and Bobbie
Chase
Maurusya
Chavchavadze
Paul Chernoff
Marilyn Cherson
Dr. Peter Chubinsky
Jocelyn Ciulla
Jerome Clark
Arva Rosenfeld
Clark
Robert and
Kathleen Clark
Cassandra Clay

Mabel Clear
Betsy Closs
Kathleen and Joseph
Coffey
Leslie Cohen
Allan and Kathe
Cohen
Dr. Bruce and
Marian Cohen
Dr. Ralph Cohen
Ellen Cohen
Martin Cohen
Rob and Susan
Cohen
Mary Coleman
Constance
Coleman
Steven and
Theodora
Coleman
Linda Coles
Sean and Kristin
Collins
Mary Ellen Colten
Judith and Michael
Coltman
Sarah Conn
Amy Considine
Kathleen Considine
Benjamin Cook
Richard Cook
Patricia Cooney
Kathleen Cooper
Jon and Nancy
Coppelman
Ron Corbett
Kathleen Cormier
Todd Cormier
Jack and Cathleen
Corrigan
Martha Cosindas
Eileen Costello
Katharine Cotugno
Elizabeth Coughlan
Laurie Covens
Nojehowicz
Dr. Joseph Coyle
Robert Crabtree

John and Holly
Cratsley
Darrin Crowell
Jim Cunningham
Paula Cummings
Stephen Cummings
Jack Cunha
Sandra Cunha
Jay Curley
Dr. John Curran
Thea Curry
Mavis Curtis
Dr. David Curtiss
Leo Cushing
William Cushing
Lynda Cutrell
Jeanne Cutrona
Walter and Patricia
Cyphers
Lois Czachorowski
Dr. Joseph D'Afflitti
Richard Daggett
Geraldine and
Michael Dagnello
Phyllis Dalelio
Edward D'Alelio
Ellen Daley
Charles Daly
James and Janet
Daly
Barbara Dane
Andre and Marilyn
Danesh
Carl and Claire
Dantas
Karen Darcy
Darryll McCall
Kenneth and Mary
Dautrich
Dr. Paul David
Martha Davidson
Bruce and Peggy
Davis
Kenneth Davis
Richard and Carol
Daynard
Ruth and Andrew
Dean
Tina and Larry
DeAngelo
Mark Deasy
Steven DeFinis
Gill Deford
Jude DeHart
Tom Dehner
Catherine DeLanzo
Laura Delaplain
Lisa DeLima
Rosemarie
DeMichele
Kristin Demon

Geri Denterlein
William and Eileen
D'Entremont
Marilyn DeSantis
Myrlande
Desrosiers
Constance
Devanthery-Lewis
Kate Deviny
Maureen Devlin
Ellen Devlin
Sharon DeVos
Robert DeWald
Patrick Deware
Charles DeWitt
Emily Dexter
Nikheel Dhekne
Peter and Priscilla
Diamond
Vic DiGravio
John and Audrey
Dimitry
James Dioguardi
Ronald DiSantis
Pamela Dixon
Joshua Dohan
Susan Dolan
Terry Dolan
Nancy and Charles
Donahue
Diane Donaldson
Jan Donley
Catlin Donnelly
Brian Donovan
Maureen Donovan
James Dorsey
Jonathan Dosick
Judith Dott
Frances Doyle
Diane and Gregory
Doyon
Charles Drebing
Bernard Dreiblatt
Andrew Dreyfus
Kevin Driscoll
Bernice Drumheller
Ann Drumm
Kenneth and Joan
Duchi
Dr. Ken Duckworth
Anne Duffey
Duke Dufresne
Governor and Mrs.
Michael Dukakis
Lily Dukette
Moira Duncan
Catherine Dunham
Edward Dunn
Nancy Dunn
Eric DuPont

Marcelo Dutra
Ann Marie Dwyer
Francis and Rose
Earley
Ed and Carol East
Chris Ebel
Dr. Stuart Edelman
Dr. Bernard
Edelstein
Edward and
Sherry Lee
Karen Edwards
Paul and Joanne
Egerman
Susan Egmont
Linda Eidelman
Eileen O'Brien
Dr. Carola
Eisenberg
Dr. Robert
Eisendrath
Sharon Elkins
Ross Ellenhorn
Jackie Elliott
Joann Elliot
Judith Elliott
Kathy Elliott
Matt Ellis
Priscilla Ellis
Elissa Ely
Kathleen and
Douglas
Engebretson
Peter and Margaret
Enrich
Dr. Claudia
Epelbaum
Abigail Erdmann
Ronald and Alice
Eskin
Henry Euler
Nadine Evans
Jean Fain
Dr. William Falk
Ruth and Andrew
Falletti
Ellen Faran
Edward Farley
Katherine Farrell
Sharon and Carl
Fawcett
Joseph Feaster Jr.
Dee Febba
Patricia Feeley
John Feeney
Emily Feinberg
Kristina Felbeck
Christine Feldt
Diane Felicio
Melissa Fells



Kay Redfield Jamison and guests at April 9, 2017 fundraiser



Marc and Gail Fenton	Nancy Flescher	Mark Gabriel	Sharon and John Glass	Patricia Graham	Dr. James Harburger
Holly Ferguson	Marianne and George Flynn	Dr. Jerome Gans	Dr. Jean Berko Gleason	Mervin Gray	Nicky Hardenbergh
Leslie and Susan Ferlazzo	Cym and Claudia Fogg	Paula Ganzi	Thomas Glynn	Alan Greenberg	Melissa Hardy
Allison Ferlito	Janet Foley	Russell Ganzi	Donald Goff	Joyce and Mel Greenberg	Mary Harkin
Sandra Ferreira	Joseph Foley	Jacqueline Garabedian	Nelson and Theresa Goguen	Maryanne Greene	Patricia Harney
Barbara Fertig	Paul Foley	Dr. Robert Garber	Dr. Robert Goisman	Robert Greenwald	Christopher Harris
Michael Fetcho	Jessica Folgore	Steven Garfinkel	Leonard Gojer	Paul Gregoire	Dr. Jennifer Harris
Ivy Feuerstadt	Charlotte Ford	Patty Garin	Paula Gold	Wendy Grolnick	Mary Harris
Steven Feye	Harold and Joanna Fortna	Brooke Garlick	Dr. Jeffrey Robbins Goldbarg	Karen Gromis	Chase Harrison
Staci Fields	Lisa Fournier	Cole Garrick	Dr. David Golden	Rita and Laurence Grossman	Dr. Alexandra Harrison
Neal Finnegan	Ellen Foust	Brian and Molly Garrity	Dr. Norbert Goldfield	Henry and Judith Grunebaum	Scott Harshbarger
Paul Finnegan	Marcia Fowler	Lee Gartenberg	Jill Goldman	Mary Jean Guidette	Carol Hartman
Maggie Fiorella Winter	Martha Fowlkes	Elema Gascon-Vera	Richard Goldman	Karen Gunn	Mary Haskell
Dr. Steven Fischel	Lisa Fownes	Susan Gatto	Dr. Marianne Goldsmith	Phil Guymont	Jonathan Hass
Doris Fisher	Doug Foy	Jeanine Gawthrop	Kimberly Goldstein	Paul and Joanne Guzzi	Priscilla Hathaway
Dr. Caroline Fisher	James Frances	Patricia and Bruce Gebhardt	Richard and Carol Gomberg	Stephen Hadden	Miriam Hatoum
Stan Fisher	Thomas Francis	Sid Gelb	Gabriel Goncalves	Liz Haines	Alexander Hayes
Len Fishman	Fred and Betty Frankel	Ross and Anne Gelbspan	Russell Gontar	Ellen and Michael Hallor	William Henning
Matthew and Robin Fishman	Betsy Frawley	Dr. Max Geller	Phillip Gonzalez	Janine Halloran	Omar Hernandez
Alice Fitzgerald	Toni Fredette	Laurette Genest	Michael Good	Katherine Halpainy	Kathryn Hintz
Mary Fitzgerald	Donald and Ruth Freedman	Pamela Giannatsis	Dr. Jesse Goodman	Lisa Halpern	Yolanda Hippensteele
Michael and Jennifer Fitzpatrick	Janet Freehling	Debra and Joseph Giannino	Michael Goodman	Fred and Glennis Halterman	Linda Hirschberg
Sheila Flaherty	Barney Freiberg-Dale	John Gifford	Dr. Christopher and Julie Gordon	David Hamel	David Hirshberg
Theresa Flaherty	Jeanette and Daniel Friedenson	Dr. and Mrs. Michael Gill	Jon Gottlieb	Patrick Hamilton	Dr. Marie Hobart
Patti Flanagan	Dr. Rohn Friedman	Josephine and Stephen Gilligan	James Gotz	Roy Hammer	Jay Holtzman
Thomas Flanders	Howard Friedman	Harriet Gilman	Patti Gould	Marcia Hams	Penny Hommeyer
Dr. Raymond Flannery	Judith Friedman	Roger and Dorothy Gipp	Charlotte Govoni	Arnold Hanawalt	Brian Honan
Robert Fleischner	Adam Frost	Robert and Donna Gittens	Carol and Robert Gracia	George Handran	Marie and Stephen Horgan
Lisa Fleming	Dr. Nina Frusztajer	Lorenz Glaser		Robert Hanlon	Ann Ellen Hornidge
Rita Fleming-Castaldy	Dr. Carl Fulwiler	Dr. Leonard Glass		Robert and Ethelind Hanninen	Jerry and Suzanne Houghton
	Janice Furlong			Carl and Signe Hanson	Richard and Nancy Howard
					Marian and George Howell

Agnes and John Howell	Andrew and Deborah Johnson	Rudy Kass	Diane Kessler	Yamil and Suzanne Kouri	Karen Laidlaw
John and Jane Howland	Peter and Francene Johnson	Phillip Kassel	Liza Ketchum	Cheryl Kovalsky	Pamela Lainez
John and Nancy Huggins	Phil and Beverly Johnston	Dr. Howard Katz	Dr. E.J. Khantzian	Lisa Kowalski	Anne Lambert
Karen Hughes	Hugh and Fleur Jones	Jamie Katz	David and Janet Kiah	Kathryn Krajewski	Susan Lambert
Mary Huntington	Christina Joseph	Susan Kauffman	Hilary Kiley	Martin and Diane Krasnick	Christina Lamkin
Joyce and Grace Hurley	Ronald Joseph	Dr. Monte Kaufman	Linda King	Joan Kravetz	Kim Lamontagne
Linda Husar	Sarah Joseph	Dr. Annette Kawecki	Patrick King	Sabrina Kreber	Timothy Lanagan
Pamela Hussey	Anne Josephson	Elizabeth and John Keddy	Phil and Marjorie King	Charleen Kress	Gloria Landahl
Nhu Huynh	Cheryl and Stephen Juba	Dennis Keefe	Phyllis Kizner	Lauren Krikorian	Sean Landergan
Tomomi Inomata	Diane Juliar	Russell and Elaine Keene	Dr. David Klegon	David and Lori Krinsky	Nina Landon
Nancy Isola	Deborah Kadish	Barbara Keiter	Bennett Klein	Kristen McHugh	Annabel Lane
Dan Jackson	Dr. Alvin Kahn	Dr. David Keller	Dr. Trude Klein	Hilda Kriteaman	Nancy Lane
Ira Jackson	Dr. Richard Kaiser	Barbara and Jerry Kellman	Elizabeth and Robert Kmetz	Maria Krokidas	Meryl and Melvin Langbort
Paula Jacoff	Toby Kaminkow-Cohen	Sally Kelly	Holly Knapp	Helen and David Krzeminski	Dr. Catherine Lanteri
Ken and Abby Jaffe	Debra and Joseph Kantrowitz-Levine	David Kelston	Ann Knowles	Elizabeth Kulas	Elaine Larkin
Deanna Jantzen	Marina Kaplan	Maureen and William Kemeza	James Kobler	Amy Labarge	Deborah Laupheimer
Chris Jedrey	Judith and Daniel Karp	Michael Kennedy	Martin Koehler	Greg and Suzanne LaBine	Denise Lauria
Diane Joe	Harry Kasparian	Judith Kenney	Steve and Paula Koppel	George Labovites	Wendy Lavallee
David and Janis Joel		Mark Keroack	Sari Korman	Marilyn LaClair	Bill and Betsy Lawson
Christine Johnsen		Mark and Yvonne Kesner	Anne Kott	William and Lisa Lahey	Dr. Jasper Lawson
			Laura Koumarios		Harold Leach

Thank You to the Foundations & Corporate Donors in Fiscal Year 2017

Adair Foundation	Fallon Total Care	Kimberly-Clark Foundation	South Acton Congregational Church
Alchemy Foundation	Fidelity Charitable Gift Fund	KRG Consulting	Spectrum Packaging, Inc.
Allstate Employee Giving	First Giving	Lilly US Matching Gifts Program	St. Luke's Alumni Association
American Express Foundation	First Parish Church of Groton	Massachusetts Association for Mental Health	Stephen & Karla Forgiel Charity Found
Association for Behavioral Health	First Unitarian Society in Newton	Math Works Inc	T. Rowe Price
Bank of America Foundation	Gill Foundation	Melvin S. Cutler Charitable Foundation	The Alice M Grey Trust
Bay State Community Services	Give With Liberty	Merck Partnership for Giving	The Benevity Community Impact Fund
Berkshire County Sheriff's Association	Grand Circle Foundation	MetroWest Community Health Foundation	The Boston Foundation
Blue Cross Blue Shield	Groton Dental Wellness Center	Microsoft Giving Campaign	The Cosette Charitable Fund
Foundation of Massachusetts	Harvard Community Gifts	Mile High United Way of Denver	The GE Foundation
BNY Mellon	Health Care for All	National Association of Social Workers	The Herman and Frieda Miller Foundation
Boston Scientific Foundation	Health Foundation of Central Massachusetts	Nemasket Group Inc	The Keating Family Fund
Bright Funds Foundation	High Point Treatment Center Inc	New Balance Athletic Shoe	The Plymouth Rock Foundation
Bunker Hill Community College	IBM Employees Charitable Contributions	North Congregational Church	The Rodger Davis Trust
CA, Inc	Inavale Foundation Inc.	Partners Health Care	The William Harris Foundation
Commonwealth Care Alliance	J&J Health Care Systems Inc	Penguin Group	Thermo Fisher Scientific
Commonwealth of Massachusetts	J&L Engle Family Foundation	Pfizer Foundation Matching Gifts Program	Trip Advisor Charitable Foundation
Community Health Charities	John Hancock Financial Services	Rodger Davis Trust	Tufts Health Foundation
Cummings Foundation	John W. Alden Trust	Ropes & Gray LLP	United Way of Mass Bay and Merrimack Valley
Department of Mental Health	Johnson & Johnson	Schneider Electric	Value Options, Inc
Deutsche Bank Americas Foundation	Just Give	Schwab Charitable Fund	Vanguard Charitable Gift Fund
Eli Lilly	Keybank Foundation	Silicon Valley Community Foundation	Vinfin Corporation
Eliot Community Human Services	Kim and David Wagman Foundation		Work Inc.
Employees of Genesis HealthCare			



Tom Lebach
 Carol LeBlanc
 Ellen Lecce
 Edward and Sherry Lee
 Rachel Lee
 Mary Kay Leonard
 Robyn Leonard
 Nicholas Lesieur
 Conrad Levenson
 Claire Levesque
 Margaret Levin
 Martin Levin
 Lauren Levine
 Dr. Deborah Levy
 Joslyn Levy
 Mela Lew
 Linda Lewis
 Sue Lewis
 Rosana Liberman
 Scott Liebert
 Jacqui Lindsay
 Rachelle Linner
 Judith Lippke
 Cyrus and Carol Lipsitt
 Dr. Benjamin Liptzin
 Stephen and Sandra Litchfield
 David Little
 Natalie Litton
 Sherry Penney
 Livingston
 Catherine Lizotte
 Dr. Carol Locke
 Ernest Loewenstein
 Catherine and William Logue
 Ann Loomos
 J. Dirk and Marian Lorenz
 Enrico Lorenzini
 Ben and Sandy Lovell
 Robert Lovezzola
 Beth Lowd
 Linda Lowell
 Elizabeth Lowry
 Monica Luke
 Dr. Kirk Lum

Douglas Macauley
 Carol and Mitchell Macey
 Betty and Bob MacIntyre
 Chris Mackenzie
 Donna Mackie
 Robert and Kathryn MacLaughlan
 Eric MacLeish
 Patricia Madden
 Nanette and James Maden
 Dr. Ann Marie Madigan
 Patricia Magee
 Joanne Magliozzi
 Judith Maguire
 Pranita Mainali
 Deborah Manegold
 Dan Manning
 Edward and Melissa Manzi
 Jeffrey Marcus
 Dr. Gerald Margolis
 Harry Margolis
 David Margulies
 Desta Marika
 Melvin Markowitz
 Dr. Elizabeth Marks
 Bob Marra
 Elizabeth Marshall
 Robert Marshall
 James Martin
 Thomas and Jane Martin
 Laurie Martinelli
 John Marttila
 Nancy Marttila
 Anthony Masse
 Dr. Robert Master
 Marilyn Mathews
 Nancy Mattei
 David Matteodo
 Helene Matteson
 Danna Mauch
 Mary Maughn
 Dale Mayer
 Dr. Joseph McCabe
 Anna McCadden
 John and Judith McCoy
 Dr. Dennis McCrory
 Kevin McDonald
 John McDonough
 Susan McGonagle
 Clare McGorrian
 Dr. James McGuire
 Thomas McGuire

James and Katherine McHugh
 Maura McHugh
 Betsey McKearnan
 Adrienne McKee
 Diane McKee
 Judith McKendry
 Colleen McManus
 Thalia McMillion
 Patricia McMullin
 Ellen Meagher
 Jerome Medalie
 Alan Medville
 Dr. Sherri Mello
 Eric and Ellen Meltzer
 Jennifer Merrill
 Dr. Ann Merritt
 Wayne Merritt
 Nicholas Metcalf
 Dr. W. Peter Metz
 Mayra Mieses
 Paul Milbury
 Dr. Martin Miller
 Megan Miller
 Dolores and Marvin Mitchell
 Lianne Moccia
 Robert and Bunny Mogilnicki
 Jerry and Suzanne Mogul
 Joseph Moineau
 Margaret Moncy
 Thomas and Denise Monks
 Kyra and Coco Montagu
 Sandra Moody
 Susan Moody
 Norma Mora
 Jennifer Moran
 Mary Morin
 Dr. Richard Morrill
 Dr. Jesse Morris
 Joanne Morris
 Terri Mosakewicz
 William Mosakowski
 Peggy Moses
 Mothers Discussion Group
 Denise Murphy
 Edward Murphy
 Janet and Henry Murphy
 Joyce Murphy
 Karen Murphy
 Ned Murphy
 Theresa Murphy

Tim Murphy
 Hongyu Murray
 Lindsey Musen
 Chris Muttu
 Beverly Myers
 Anders Naar
 Herbert and Jeannine Nachtrab
 Mary and Sherif Nada
 Nicholas Nagyker
 David Nalven
 Akhila Nandgopal
 John and Susan Neale
 Tracy and Daniel Newsom
 Justin Nordeste
 Abigail Norman
 Dr. Paul Noroian
 Judith Norsigian
 Shirley Novakoff
 Joann Oberbeck
 Eileen O'Brien
 R. Christopher O'Brien
 Monique Ocasio
 Louise O'Connell
 Mara O'Connor
 Gale O'Donnell
 Catherine O'Leary
 Naomi and Eric Olson
 Andrew and Jill Onderdonk
 Dost Ongur
 Melody Orfei
 Araceli Orozco-Hershey
 Dr. David Osser
 Dr. Abigail Ostow
 Vitalis Osugi
 Lawrence Ouelette
 Jane Owens
 David Pagnini
 Glenn Palmer
 Dr. Lawrence Panych
 Mary and John Paone
 John Papas
 Nancy Parker
 Rita Parker
 Wendy Parmet
 Jennifer Payne
 Maryanne Peabody
 Katherine and Edwin Pearson
 Josephine Peltier
 Roy Perlis

Paul Pezzella
 Russell Pierce
 Sidney Pierce
 Cynthia Piltch
 Dr. Debra Pinals
 Dr. Eric Plakun
 Paul Plasky
 Richard and Orah Platt
 Carol Plotkin
 Ida Plotnick
 Rachel Pohl
 Dr. Alan Pollack
 Andrew Pond
 Joanna Poole
 Joseph Poras
 Alan and Suzanne Posner
 Harry and Betty Potter
 Hale Powell
 Julia Powers
 Kathleen Powers
 Lonnie Powers
 Mary Pat Prado
 Christine Previtera
 Cynthia Price-Taylor
 Tammy Proctor-Blauvelt
 Mark Provost
 Hana Pyro
 Ewa Pytowska
 Neal Quenzer
 Karen Quigley
 Sara Quinn
 Joan Rachlin
 Dr. Seth Rafal
 Mala Rafik
 Daniel and Suzanne Ranieri
 Dr. Nancy Rappaport
 Scott Rauch
 Jim Re
 Joel and Rachel Reck
 Melissa Regan
 Aaron Reibstein
 Kathleen Reid
 Gregory Reiff
 Clare Reilly
 Jeff Remis
 Joe and Nancy Restuccia
 Robert Restuccia
 Catherine Reuben
 Kenneth Revett
 Mark Reynolds
 Joseph Ricca
 Bradley Richardson

Jane Richardson
 Rachel Richardson
 Dean and Pamela Richlin
 Catherine and Gene Robillard
 Gail Robinson
 Margaret Robinson
 Anthony and Tamara Rogers
 Karen and Gregory Rogers
 Tracy Rogers
 Chandra Rohit
 James Roosevelt
 Lee and Marilyn Rosenbaum
 Marcos Rosenbaum
 Francine Rosenberg
 Jaclyn Rosenfeld
 Stephen Rosenfeld
 Drs. Daniel and Barbara Rosenn
 Jon and Bonnie Rotenberg
 Charlotte Rowlands
 Janet Saad
 Kathryn Sabella
 Karen Safford
 Rita Sagalyn
 Irene Sahatjian
 Lorianne Sainsbury-Wong
 Elayne Saltzman
 Sara Samaniego
 Jeff Sanchez
 Ellenjane Scheiner
 Dr. Robert Schlauch
 David Schwartz
 Dr. Jonathan Schwartz
 Robin Schwartz
 Karen Schwartzman
 Carl Sciortino
 Dr. and Mrs. Edward Scolnick
 Thomas Scurfield
 Michael Segal
 Richard Segan
 Arthur Segel
 Robert Seifert
 Matthew Selig
 Abigail Selter
 Effie Seremetis
 Christina Severin
 Bunny Shapero
 Dorothy Shapero
 John and Sara Sharp
 Merri Lea Shaw

Susan Shaw
George Shea
Stephen E. Shea
Margaret Sheedy
Maureen and John Sheeran
Maggie Sheets
Kim Shellenberger
Richard Sheola
Susan Sherry
Joyce Shortt
Derri Shtasel
Ken Shulman
Anne Shumway
Rachel Silver
Dr. Michael and Brenda Silverman
Stuart and Patricia Silverman
Lois Simon
Leeann Simons
Rae Simpson
Stephen Skinner
Ken Sklar
Else Smedemark
Alexandra Smith
Dr. Blake Smith
Bob and Beth Smith
Edwin and Katharine Smith
Kimberly Smith
Marilyn Ray Smith

Stephen and Diane Smith
Tom Smith
John and Ella Smolenski
Maureen Snebold
Thomas and Meredith Sobol
Earl and Joan Solberg
William Sopp
Constantine Souris
Aimee Southworth
Anne Speakman
Susan Spector
Emily Spieler
Jim Spink
Katharine St. Germain
Henry and Lorraine St. Laurent
Nancy Stanton
Valerie and John Stelling
Margaret Stephens-North
Judy Stephenson
Donald and Erica Stern
Max Stern

David Sternburg
John and Liza Straus
Margot Strauss
Glenn Strehlke
Barbara Stromsted
Karen Sulesky
Daniel Sullivan
Frances Sullivan
Kate Sullivan
Katherine Sullivan
Nancy Sullivan
Paul and Judith Sullivan
Paul Summergrad
Marie Sunder
John Sweeney
Frank Sweet
John Sweet
Karen and Robert Sweet
Scott Taberner
Susan Tafler
Barbara and Lloyd Tarlin
Betsy Tarlin
Robert and Sharon Taube
Glover Taylor

Sarbjit Thiara
Paul and Mary Lou Thie
Margaret Tompsett
Joseph Tonkonogy
Juli Shea Towell
Howard Trachtman
Carol Trust
John and Judy Tully
Roberta Unger
Janet and Henry Vaillant
Joseph Vallely
Glenn Vanaman
Karen Vanderborgh
Barbara and John VanScoyoc
Howard Vatcher
Phil and Kate Villers
Thomas & Marcy Vogel
Harry Voorhees
Robert Walker
Allan and Kathe Wallis
Adam Walsh
Barbara Walsh
Kate Walsh

Kathleen Walsh
Barbara Freedman and Mitchell Wand
Jeouhwa Wang
Wendy Warring
Nancy Watson
Sue Watson
Wayland High School
Alan and Elaine Weiler
Mary Weis
Janet Weisenberger
Brenda Wettergreen
Andrea Wexler
Christine Wey
Barbara Whitcomb
Carolyn White
Anne Whitman
Megan Wiechnik
Eliza Williamson
James and Barbara Willis
David and Heather Wilson
Maria and Linda Wilson



Mike and Cindy Woods
Worcester Academy Girls Hockey
Susan Workum
Theresa Wright
Judith Zacek
Shari Zalkind
Mark and Virginia Zanger

* Individual Donors for the 2017 Fiscal Year.

We have made every effort to be accurate in our listings, and apologize if any mistake or omission has been made. All gifts are greatly appreciated. If your donation is not recognized on these pages, please contact our office, 617-580-8541.

Financial Results for FY 2017*

Unrestricted Net Assets Revenue & Support

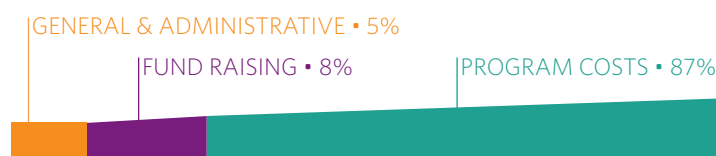
Grant Income	\$461,588
Special Event - NAMI Walks	642,627
Special Event - Other	102,156
Contributions	325,268
Membership and Convention	33,249
Interest Income	2,332
Net Assets Released from Restrictions Used for Operations	134,500
Total Revenue and Support	\$ 1,701,720

*unaudited

Operating Expenses

Salaries and Benefits	866,809
Professional Fees	283,237
Occupancy Costs	85,272
Direct Program Expenses	69,597
G&A and Fundraising Expenses	209,604
Walk Payments to NAMI National and Affiliates	162,506
Total Operating Expenses	\$ 1,642,025
Income from Operations	59,695
Unrealized Loss on Investments	—
Realized Gain on Investments	6,065
Increase in Unrestricted Net Assets	\$65,760

Functional Expenses FY 2017



6TH Annual Spring Fundraiser on Sunday, April 9, 2017

We expect
**well-informed
treatment**
for cancer
or heart
disease;
**it matters no
less for
depression.**

KAY
REDFIELD
JAMISON, PHD

For our 6th Annual Spring Fundraiser on Sunday, April 9, 2017 we were fortunate to get Kay Redfield Jamison, famous author of *An Unquiet Mind* and psychologist at Johns Hopkins School of Medicine to be our featured guest. She attracted a packed-to-the-gills crowd to Canary Square restaurant in Jamaica Plain, MA. The event was a success. Over \$100,000 was raised!



2016 NAMI Mass Convention



Nearly 400 NAMI Mass members and other stakeholders attended our 34th Annual State Convention at the Sturbridge Host Hotel in Sturbridge MA on Saturday, October 29, 2016. Participants took part in such workshops as "Mental Health & Substance Disorders," "Peer Support: It Works! Living & Learning in Recovery," and "Families and police partnerships: Working together to plan for and prevent mental health crises." NAMI Medical Director Ken Duckworth was the keynote speaker.



Massachusetts

The Schrafft's Center
529 Main Street, Suite 1M17
Boston, MA 02129
(617)-580-8541
namimass.org

