



**nami** Walks  
Massachusetts

**2026 Volunteer  
Info Session**



**Welcome &  
Thank You**



# 2026 Walk



**Saturday, May 16th  
at the Boston Common**

**Mainstage: Parkman  
Bandstand**

**Walk info:**  
[www.namimass.org/walk](http://www.namimass.org/walk)



**NAMIWalks Route**  
(Distance: 1 mile)

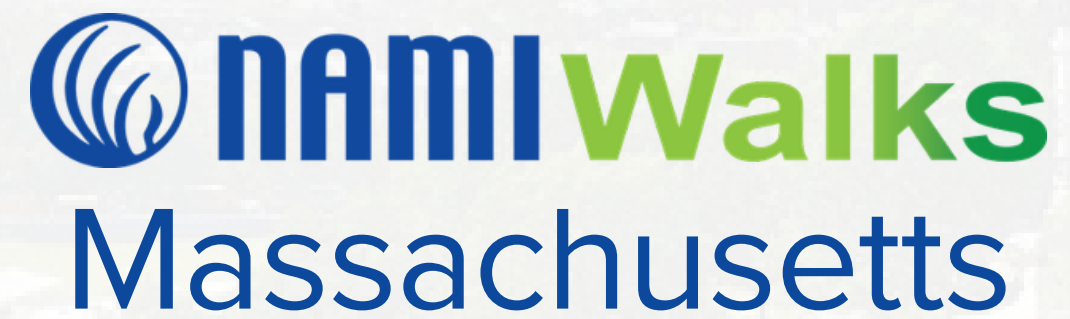
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**Low Impact Route**  
(Distance: 1/4 of a mile)

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# Walk Day Schedule



7 am: set up begins

9 am: Walker registration opens

11:00 am: speaking program begins

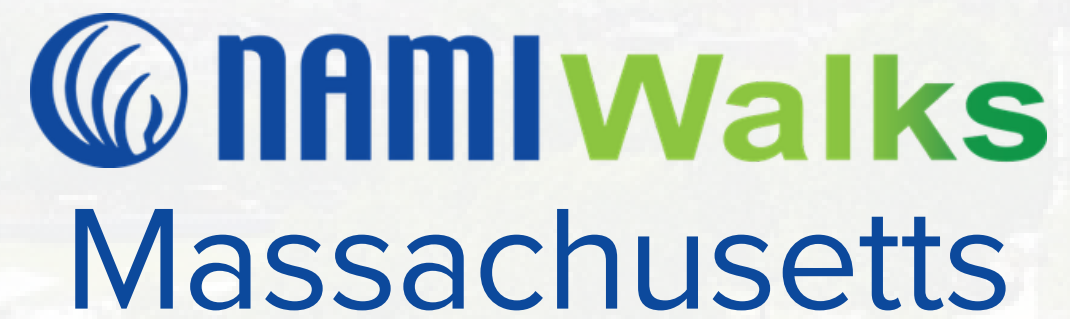
11:15 am: volunteer photo

11:45 am: Catnip Junkies performance

12 pm: kick-off & ribbon cutting

1 pm: closing ceremony

1:30 pm: Walk concludes & clean up begins



# What to Wear

**Spring in New England = be prepared for all kinds of weather**

**The Walk happens rain or shine!**

**Wear comfortable shoes & clothes**

**Bring sunscreen**

**We'll provide a t-shirt!**



# Getting to the Walk

## By MBTA...

**closest stop:** Boylston (Green Line)

**also nearby...**

- ➔ Park Street (Red Line)
- ➔ Downtown Crossing (Orange Line)
- ➔ State (Blue Line)
- ➔ Tremont St @ Boylston (Silver Line SL5)
- ➔ buses route #s 11, 43, & 504

\* we are no able to escort people to/from MBTA stops



# Getting to the Walk

## MBTA closures on May 16...

### Green Line...

➔ service will be suspended between Kenmore & Cleveland Circle

### Red Line...

➔ Ashmont service will be suspended to JFK/UMass

➔ all service will be suspended between JFK & Broadway

➔ Mattapan line service will be suspended

### Commuter Rail...

➔ Framingham/Worcester Line service will be suspended between Worcester & Grafton

**more info:** [www.mbta.com](http://www.mbta.com)





# Getting to the Walk

## By Ride Share & the RIDE...

you can use **175 Tremont Street, Boston 02108** as your drop-off point

This is the address for AMC Boston Common theater

Go across the street & into the Common

The Parkman Bandstand is ahead

\* we are no able to escort people to/from the RIDE or a rideshare





# Getting to the Walk

## By Car...

you can use **0 Charles Street, Boston 02116** as your destination

Use the Boston Common Garage  
[www.bostoncommongarage.com](http://www.bostoncommongarage.com)

let us know by **today** if you need a parking voucher





# Volunteer Check In



Come to **Volunteer Check In** when you arrive (even if you're volunteering later in the day)

Light **breakfast and lunch** will be provided

Volunteer photo at approximately **11:15 am**



# Walk Day Volunteer Roles

- walker check in
- volunteer check in
- t-shirt design contest
- t-shirt pick up
- food
- fun zone
- water stations
- cheering
- garage
- drop off

We're assigning volunteer roles based on your availability and day-of needs. We will reach out early next week with the assignments!



# Some Walk Reminders

As a NAMI Walks Massachusetts volunteer, you are a visible representative of NAMI Massachusetts throughout the day!

- ➔ Remember this is a large, public, family-friendly event
- ➔ Please be friendly, respectful, and welcoming to all participants
- ➔ Try to use kind and inclusive language with people
- ➔ We ask everyone to be mindful of personal hygiene and avoid strong scents
- ➔ Need help or not sure what to do? Come see Jill at Volunteer Check-In

Thank you for helping us create a welcoming environment for everyone!



# Good to Know



**Photos will be taken throughout the event** - please let the photographer know if you prefer not to be photographed (note this is a large public event and you may still be in the background of photos)

**We are not able to assist with personal care needs at the Walk** - we encourage you to make arrangements ahead of time, if you anticipate needing support



# Walk Contacts



## Jill for volunteering

[jgichuhi@namimass.org](mailto:jgichuhi@namimass.org)

will be at Volunteer Check In  
on Walk day

## Jazz for everything else

[jmurray@namimass.org](mailto:jmurray@namimass.org)







# Questions & Thank You